

2020 USA Water Polo Trial Athlete Membership Form

TRIAL MEMBERSHIP TERMS

- The Trial Membership is for **first-time athletes only**. Previous USAWP members are not eligible for this membership.
- This is a one-time, 14-day membership that **will activate the date you enter into the club information section**. *(If date is not listed, then the start date will be the date the application was signed. In the case no date is listed on application, USAWP use the date the application was received.)*
- All trial memberships are intended for practices and development purposes, such as club clinics and practices.
- Trial memberships are not meant for ANY type of USAWP competition.
- Form must be complete. Takes 2-3 days to process application.
- Trial membership is free.

Please send form by:

Email: membership@usawaterpolo.org

Mail: USA Water Polo
6 Morgan, Suite 150
Irvine, CA 92618

Fax: (714) 500-5052

ATHLETE INFORMATION (required)

First Name (*legal*): _____ M.I.: _____ Last Name: _____

Preferred Name: _____ (*if same as first name; please leave blank*)

Address: _____

City: _____ State: _____ Zip Code: _____

Primary Phone #: (_____) _____ Cell Phone #: (_____) _____

Email: _____ Gender: Male Female

Date of Birth (*mm/dd/yyyy*): _____ Expected High School Graduation Year (*18 & under*): _____

Parent/Guardian Name (*if applicable*): _____ Parent/Guardian Name (*if applicable*): _____

CLUB INFORMATION (required)

Club Name: _____

Club ID: _____

City: _____

State: _____

Trial Membership Start Date: _____

(If date is not listed, then the start date will be the date the application was signed. In the case no date is listed on application, USAWP use the date the application was received.)

USA WATER POLO, INC. MEMBERSHIP TERMS & CONDITIONS

By signing below, I hereby verify that I have read and fully understand each of the following conditions for my being accepted as a member of USA Water Polo, Inc. ("USAWP") and for USA Water Polo, Inc. ("USAWP") permitting me to participate at any USA Water Polo, Inc. ("USAWP") sanctioned event and I hereby accept each of the conditions set forth below.

FOR ANY PARTICIPANT WHO IS NOT YET 18 YEARS OLD THIS WAIVER MUST BE READ AND ACCEPTED BY THE LEGAL GUARDIAN OF THE PARTICIPANT. By signing below, I hereby verify that, as legal guardian of the membership applicant, I have read and fully understand each of the following conditions for permitting my child to become a member of USAWP and to participate in any USAWP sanctioned event, and I accept each of the conditions below on behalf of my child.

ACCEPTANCE OF THE FOLLOWING PROVISIONS IS A CONDITION OF MEMBERSHIP IN USAWP AND FOR ELIGIBILITY TO PARTICIPATE AT ANY USAWP SANCTIONED EVENT.

In consideration of my membership in USAWP and USAWP permitting me to participate in USAWP sanctioned events, I agree to the following:

1. RELEASE AND LIMITATION OF LIABILITY:

In consideration of being admitted as a member of USAWP, and all of the privileges attendant to such membership, including being allowed to participate in USAWP sanctioned events and activities related thereto:

- The undersigned acknowledges, appreciates, and agrees that there is a risk of injury resulting from my participation in water polo activities, including serious injuries, such as the possibility of my suffering a concussion, broken bone or other injury that could result in permanent paralysis or even death, and that such risk cannot be eliminated.
- The undersigned acknowledges and agrees that USAWP has not assumed any duty to minimize the risk of injury or the severity of any injury that I may suffer while participating in the sport of water polo or activities related thereto.
- Notwithstanding the foregoing, the undersigned knowingly and freely assumes all risks associated with the undersigned's participation in the sport of water polo and activities related thereto.
- The undersigned hereby releases: (a) USAWP, (b) USAWP's sponsors and advertisers, (c) the owners and lessors of premises utilized in connection with USAWP events and activities related thereto, and (d) the officers, directors, agents, employees and independent contractors of each of the foregoing (the parties referred to in sections (a), (b), (c) and (d) of this paragraph being collectively referred to as the "Released Parties") from any and all claims, actions, causes of action and liabilities, whether known or unknown, suspected or unsuspected, of every nature whatsoever that they have, or may have, now or in the future, excepting only claims, causes of action and liabilities arising from the Released Parties' gross negligence, reckless conduct or willful misconduct.
- The undersigned will immediately report to an official in charge any condition or conduct that the undersigned believes to be unsafe or that the undersigned believes to endanger the undersigned or any other participant in any activity in which the undersigned is engaged.

The undersigned hereby agrees to comply with all rules promulgated by USAWP governing the undersigned's conduct, as they now exist or as they may hereafter be amended.

2. MEDICAL ATTENTION:

I hereby give my consent to USAWP and the host organization of any USAWP sanctioned event to provide, through a medical staff of its choice, customary medical/athletic training attention, transportation and emergency medical services as warranted in the course of my participation in USAWP sanctioned events. Notwithstanding the foregoing, I understand and agree that neither USAWP, nor the host organization of any USAWP sanctioned event, has any obligation to provide any such medical/athletic training attention and both the lack of any such medical/athletic training attention and the provision thereof on a voluntary basis by USAWP and/or the host organization is and shall be covered by the release set forth in Paragraph 1 above.

3. READINESS TO COMPETE:

I will only participate in those USAWP sanctioned competitions or activities for which I believe that I am physically and psychologically prepared to participate.

4. CODE OF CONDUCT:

USA Water Polo has adopted Rules Governing Conduct applicable to all USA Water Polo members. Those rules include provisions requiring: (a) all USA Water Polo members to comply with all rules and policies promulgated by the U.S. Center for SafeSport, as those rules may be amended from time to time and (b) all USA Water Polo members to comply with USA Water Polo's Minor Athlete Abuse Prevention Policies. USA Water Polo Rules Governing Conduct may be amended from time to time. The Rules Governing Conduct as amended are posted on USA Water Polo's website. All USA Water Polo members are expected to become familiar with USA Water Polo Rules Governing Conduct, including the rules and policies adopted by the U.S. Center for SafeSport and USA Water Polo's Minor Athlete Abuse Prevention Policies, and to comply with those rules at all times, including while participating in water polo activities under the supervision of governing bodies other than USA Water Polo, such as interscholastic water polo or intercollegiate water polo, since USA Water Polo's members' conduct while participating in such activities reflects on USA Water Polo as an organization. I understand and agree that my failure to comply with USA Water Polo Rules Governing Conduct can result in the temporary or permanent suspension of my USA Water Polo membership or the imposition of a period of probation.

I have read USA Water Polo's Rules Governing Conduct and agree to abide by that Code of Conduct in their present form, and as those rules may hereinafter be amended.

5. MINOR ATHLETE ABUSE PREVENTION POLICIES:

USA Water Polo has adopted Minor Athlete Abuse Prevention Policies (the "Policies"). The Policies are posted on USA Water Polo's website. All USA Water Polo members are expected to become familiar with the Policies and to comply with the Policies at all times, including while participating in water polo activities under the supervision of governing bodies other than USA Water Polo, such as interscholastic water polo or intercollegiate water polo, since USA Water Polo member's conduct while participating in such activities reflects on USA Water Polo as an organization. I understand and agree that my failure to comply with the Policies can result in the temporary or permanent suspension of my USA Water Polo membership or the imposition of a period of probation.

I have read USA Water Polo's Minor Abuse Prevention Policies and agree to abide by those policies in their present form, and as those policies may hereinafter be amended.

6. THE U.S. CENTER FOR SAFE SPORT:

I agree to be bound by, and to abide by, the rules and policies promulgated by the U.S. Center for Safe Sport (the "Center"), as they now exist or as they may hereinafter be amended and to submit to the Center's jurisdiction for the resolution of any alleged violations of the Center's rules or policies. A copy of the Center's rules and policies is appended to USA Water Polo's Rules Governing Conduct, which is available on USA Water Polo's website or may be obtained from the Center's website.

7. DISCIPLINE:

I understand that USA Water Polo and the Center may maintain lists of disciplined USA Water Polo members that are available to the public and, in the event that I am subject to discipline, such as suspension, consent to the inclusion of my name in such publically available lists by USA Water Polo and the Center.

8. PHOTOGRAPHS:

I Agree to be filmed and photographed by the official photographer(s) and network(s) of USA Water Polo under conditions authorized by USA Water Polo and give event organizers and USA Water Polo the right to use my name, picture, likeness and biographical information before, during and after the period of my participation in these activities for all purposes; provided that in no event may USA Water Polo or the event organizers use or authorize use of my name, likeness, voice and biographical information for the purpose of trade, including any use in a manner that would imply endorsement of any company, product or service (other than USA Water Polo and the services provided by USA Water Polo), without my written permission.

9. COLLECTION OF PERSONAL INFORMATION:

If the participant is a minor, I consent to the collection of personal information regarding my child or ward through USA Water Polo's online Membership Database.

10. DIGITAL COMMUNICATION

I understand that from time to time, USA Water Polo sends digital communications to its members. These communications are most often in the form of electronic mail and including, among other things, information regarding upcoming USA Water Polo events, messages from USA Water Polo sponsors, registration confirmations, and other membership information. I understand I have the ability to opt-out of some of these communications. I further understand, however, that, even if I elect to opt-out from receiving most electronic mail from USA Water Polo, I may continue to receive certain communications due to the nature of my participation as a USA Water Polo member or the requirements of the United States Olympic and Paralympic Committee and/or the U.S. Center for SafeSport.

Member Signature: _____ **Date:** _____

Parent/Guardian's Signature: _____ **Date:** _____
(Required for members under the age of 18 at time of registration)

CONCUSSION AND HEAD INJURY INFORMATION SHEET

HEADS UP CONCUSSION in Youth Sports

HEADS UP is a series of concussion education initiatives developed by the Center for Disease Control (CDC)

What is a Concussion?

A concussion is a type of traumatic brain injury—or TBI—caused by a bump, blow, or jolt to the head or by a hit to the body that causes the head and brain to move rapidly back and forth. This sudden movement can cause the brain to bounce around or twist in the skull, creating chemical changes in the brain and sometimes stretching and damaging brain cells.

The Facts

All concussions are serious.

Concussions can occur without the loss of consciousness.

Concussions can occur in any sport.

Recognition and proper management of concussions when they occur can help prevent further injury or even death.

Some symptoms may not appear for hours or days after the injury.

| Concussion Signs Observed | Concussion Symptoms Reported |
|---|--|
| Can't recall events <i>prior to</i> or <i>after</i> a hit or fall. | Headache or "pressure" in head. |
| Appears dazed or stunned. | Nausea or vomiting. |
| Forgets an instruction, is confused about assignment or position, or is unsure of the game, score, or opponent. | Balance problems or dizziness, or double or blurry vision. |
| Moves clumsily. | Bothered by light or noise. |
| Answers questions slowly. | Feeling sluggish, hazy, foggy, or groggy. |
| Loses consciousness (<i>even briefly</i>). | Confusion, or concentration or memory problems. |
| Shows mood, behavior, or personality changes. | Just not "feeling right," or "feeling down". |

What to do after a suspected Concussion of Head Injury

If you suspect an athlete has one or more symptoms of concussion, the CDC recommends the following steps:

HEADS UP ACTION PLAN:

1. Remove the athlete from play
2. Keep the athlete out of play the day of the injury and until cleared by a licensed healthcare provider who is trained in the evaluation and management of concussions and is acting within the scope of his or her practice. Do not try to judge the severity of the injury yourself. Only a licensed healthcare provider who is trained in the evaluation and management of concussions and who is acting within the scope of his or her practice should assess an athlete for a possible concussion.
3. Record and share information about the injury, such as how it happened and the athlete's symptoms, to help a healthcare provider assess the athlete.
4. Inform the athlete's parent(s) or guardian(s) about the possible concussion including the time and date of the suspected injury, the symptoms observed and the treatment, if any, provided to the athlete, and refer them to the CDC's website for more concussion information.
5. Ask for written instruction from the athlete's healthcare provider about the steps you should take to help the athlete safely return to play.
6. If the athlete suffered a concussion, do not return the athlete to competition until the athlete has followed a graduated return to play protocol of no less than seven (7) days under the supervision of a licensed healthcare provider.

For more information regarding head injuries and concussions, including fact sheets, videos, and training courses, please visit the Center for Disease Control HEADS UP Concussion website at www.cdc.gov/HEADSUP

I have read the foregoing concussion information sheet:

_____ (Member) _____ (Date)

_____ (Parent - if Member is 17 years of age or younger)